

Year 1	
Lesson Number Teacher	Lesson
Begin	
Lesson 1	at, in, on, up, it, as, us, an, if, am, can, run, and, sun, big, top, red, dog, men, but, cut, yet, zip, win, yes, set, end, egg, add, lots
Lesson 2	on, up, at, it, us, in, am, dog, map, red, sit, fog, lid, bad, sun, pot, bed, sat, wet, man, let, cut, dot, hut, rug, hum, hid, ran, bag, act
Lesson 3	no, be, so, me, we, by, froze, theme, chose, spoke, spade, blaze, slime, flake, awake, amaze, go, my, he, she, dry, try, sky, cry, fly, spy, fry, most, find, why, kind, wild, bind, post, rind, child, wind, mind, grind, blind
Lesson 4	bake, five, hole, cute, came, bite, mole, late, kite, rose, rule, close, snake, flame, these, those, cone, cube, pole, tune
Lesson 5	will, fell, hill, less, dress, mess, bell, smell, sell, doll, puff, fuss, frill, still, boss, cross, spill, grill, pill, press, drill, skull, gruff, fluff, bliss, cliff, bluff, skill, floss, stiff
Lesson 6	bread, meant, read, deaf, deadly, lead, ready, breath, heavy, instead, head, ahead, heading, header, threat, already, thread, health, healthy, dealt, meadow, dreamt, steady, feather, leather, weather, measure, treasure, heavens, jealous
Lesson 7	bread, meant, read, deaf, deadly, lead, ready, breath, heavy, instead, head, ahead, heading, header, threat, already, thread, health, healthy, dealt, meadow, dreamt, steady, feather, leather, weather, measure, treasure, heavens, jealous
Lesson 8	arm, are, car, park, her, far, fur, cart, girl, bird, arch, stir, skirt, turn, march, dirt, hurt, farm, star, paper, garden, person, Thursday, thirty, first, smart, third, start, burst, nurse
Lesson 9	arm, are, car, park, her, far, fur, cart, girl, bird, arch, stir, skirt, turn, march, dirt, hurt, farm, star, paper, garden, person, Thursday, thirty, first, smart, third, start, burst, nurse
Early	
Lesson 10	much, such, itch, rich, catch, each, fetch, hatch, patch, batch, pinch, hutch, peach, bench, latch, which, watch, clutch, ditch, branch, speech, switch, sketch, stitch, scratch, stretch, march, torch, kitchen, butcher
Lesson 11	dogs, buses, boats, zoos, frogs, bikes, eggs, boxes, shops, socks, wishes, peaches, clocks, grapes, lunches, beaches, snakes, riches, brushes, plates, bushes, torches, benches, gloves, coaches, dresses, glasses, patches, towers, churches
Lesson 12	act, kiss, cone, cool, keep, kind, card, skin, curl, cash, clash, come, keen, donkey, kept, skill, snake, scrape, husky, coal, cheeky, sneaky, kitten, biscuit, kettle, awoke, crayon, cabin, castle, monkey

Year 1	
Lesson Number Teacher	Lesson
Early	
Lesson 13	too, zoo, you, book, moon, good, look, roof, food, cook, hood, boot, bloom, broom, tooth, soup, stool, mood, shook, droop, swoop, group, spoon, goose, choose, raccoon, hooray, balloon, bamboo, baboon
Lesson 14	eve, have, live, love, move, leave, serve, glove, nerve, dove, above, carve, twelve, prove, improve, remove, valve, curve, active, sleeve, olive, solve, shove, halve, starve, swerve, massive, believe, arrive, forgive
Lesson 15	oak, bow, row, oats, low, boat, road, soap, coat, toad, crow, soak, glow, moan, show, owe, slow, own, cloak, bowl, blown, groan, grown, coast, coach, boast, croak, roast, elbow, below
Lesson 16	ever, under, never, enter, water, silver, winter, finger, sister, mother, other, teacher, wonder, player, corner, clever, flower, father, gather, counter, cover, brother, monster, letter, matter, swimmer, butter, ladder, winner, together
Lesson 17	say, day, aim, may, play, main, rain, stay, sail, pain, tail, plain, snail, chain, claim, brain, sway, grain, paint, stain, again, away, braid, waist, today, stray, faint, spray, sprain, always
Lesson 18	act, ice, code, clam, face, cube, corn, mice, curl, cent, crash, place, dance, twice, fence, slice, space, scale, price, once, fleece, corner, juice, pencil, coming, prince, cattle, crunch, chance, circus
Middle	
Lesson 19	bow, cow, our, now, owl, how, row, loud, sow, noun, cloud, count, fowl, town, proud, gown, brown, sound, clown, mouth, mountain, growl, drown, crowd, found, couch, frown, flour, bound, about
Lesson 20	pocket, ticket, planet, jacket, bucket, packet, rocket, visit, pilot, helmet, goblet, market, carpet, secret, rabbit, carrot, puppet, bonnet, blanket, basket, tablet, target, wallet, trumpet, ferret, comet, cricket, velvet, violet, toilet
Lesson 21	or, sore, more, for, corn, fork, horn, torn, fort, port, snore, shore, ashore, before, torch, horse, chore, acorn, store, score, adore, sport, storm, afford, corner, border, force, airport, morning, enormous
Lesson 22	ending, eating, sailing, looking, saying, playing, meeting, feeling, wishing, locking, going, thinking, speeding, opening, fetching, reaching, drinking, speaking, thanking, floating, blowing, brushing, tracking, watching, covering, wondering, gathering, watering, smelling, scratching
Lesson 23	cry, sky, fly, very, copy, body, baby, tidy, lazy, ugly, happy, busy, easy, puppy, sorry, funny, story, party, city, pretty, many, fairy, fancy, ready, heavy, empty, angry, dirty, clumsy, family





Year 1	
Lesson Number Teacher	Lesson
Middle	
Lesson 24	oil, boy, toy, joy, noise, boil, coin, soil, join, moist, spoil, enjoy, oily, point, ahoy, oink, foil cowboy, royal, joyful, annoy, coy, coil, destroy, loyal, foyer, avoid, joint, toil, voice
Lesson 25	air, ear, fair, dare, fear, hair, hear, pear, pair, dear, care, near, year, wear, chair, share, stair, spare, smear, spear, beard, scared, fairy, upstairs, repair, weary, nearby, square, nightmare, parent
Lesson 26	looked, wished, pulled, rained, cared, picked, cooked, played, rushed, hired, parked, turned, shared, choked, cheated, smiled, roasted, blamed, washed, showed, called, freed, dressed, fetched, growled, spilled, crouched, grouped, stitched, wondered
Late	
Lesson 28	dew, blew, true, new, clue, few, stew, chew, blue, drew, flew, crew, glue, pew, due, threw, grew, screw, value, knew, venue, nephew, avenue, pursue, cashew, barbecue, Tuesday, rescue, jewel, argue
Lesson 29	why, what, when, where, wheel, white, which, while, whale, whip, whack, wheat, whirl, whisk, whine, phone, photo, nowhere, somewhere, anywhere, whisper, dolphin, phonics, alphabet, elephant, nephew, orphan, phew, wharf, whether
Lesson 30	even, seven, oven, garden, lemon, wagon, open, chicken, children, apron, lesson, sudden, golden, kitten, dragon, wooden, cotton, ribbon, button, happen, person, season, pardon, bacon, kitchen, eleven, onion, poison, carton, listen
Lesson 31	die, lie, tie, pie, high, tries, cried, dries, spied, fried, thigh, chief, thief, night, light, right, might, sight, fight, tight, tonight, bright, flight, slight, belief, grief, believe, fright, delight, replies
Lesson 32	older, oldest, longer, longest, later, latest, neater, neatest, faster, fastest, louder, loudest, thicker, thickest, fresher, freshest, taller, tallest, shorter, shortest, quieter, quietest, calmer, calmest, brighter, brightest, younger, youngest, higher, highest
Lesson 33	paw, raw, saw, jaw, law, claw, draw, lawn, hawk, yawn, straw, thaw, gawk, shawl, dawn, haul, crawl, haunt, fault, seesaw, awful, prawn, saucer, jigsaw, scrawl, drawer, laundry, autumn, August, author
Lesson 34	football, playground, farmyard, bedroom, handbag, strawberry, cupcake, bedtime, sunset, bullfrog, clockwork, baseball, popcorn, seaside, bathroom, sunshine, daydream, goldfish, weekend, postcard, footpath, jellyfish, sunflower, grandson, grandmother, haircut, birthday, someone, butterfly, something

Year 1	
Lesson Number Teacher	Lesson
Late	
Lesson 35	do, to, the, of, no, by, are, was, go, you, your, where, they, said, says, here, there, she, ask, were, come, some, friend, school, one, once, put, push, pull, full
Lesson 36	undo, undid, untie, unzip, unlock, unlike, unkind, unfit, unplug, unpack, unable, undone, unwise, untidy, unwind, unblock, uneven, untrue, unroll, unsafe, unwrap, unfair, uncover, unlucky, unafraid, unhappy, unusual, unclear, unhealthy, unfriendly

Year 2	
Lesson Number Teacher	Lesson
Begin	
Lesson 37	chops, bites, bumps, fixes, grows, chases, hurts, melts, hammers, crosses, breaks, buys, behaves, covers, dances, listens, blesses, munches, pushes, coaches, polishes, vanishes, touches, launches, teaches, finishes, switches, attaches, measures, guesses
Lesson 38	arm, war, car, worm, work, warm, word, ward, warn, born, storm, short, shark, snort, wart, warp, apart, sport, spark, stork, morning, corner, normal, world, worse, worth, wharf, towards, worship, remark
Lesson 39	any, many, ugly, key, money, donkey, valley, worry, sixty, honey, busy, twenty, turkey, fairy, empty, trolley, ninety, hockey, seventy, pretty, parsley, family, country, jersey, journey, library, chimney, every, January, February
Lesson 40	street, spray, scrub, strong, stroke, strap, strike, sprint, scrape, strip, strain, struck, stripe, screen, stream, string, scream, streak, stride, spring, strange, stroll, scribble, scramble, sprinkle, strength, struggle, screech, strict, sprout
Lesson 41	queen, quiz, quack, quit, quite, quest, quiet, quill, quilt, quote, equal, equip, quail, quaint, quake, squint, query, quiver, squeak, squirrel, queasy, squelch, qualify, quarrel, frequent, sequin, require, quench, question, squabble
Lesson 42	saving, closed, hiking, freed, posing, used, raced, chased, agreed, giving, sharing, changed, phoned, wasting, teased, shaped, writing, gazing, solved, exploded, arriving, argued, chuckling, caused, shining, created, freezing, survived, completed, compared
Lesson 43	undo, undid, untie, unwise, unsafe, unfit, unkind, unmade, unfair, unlike, unstuck, untrue, untidy, unlock, unhappy, undone unroll, unable, unwind, unload, unlucky, unknown, unbuckle, unusual, untangle, unwrap, uneven, unhelpful, unhealthy, unfriendly





Year 2	
Lesson Number Teacher	Lesson
Begin	
Lesson 44	oo, mood, hook, foot, wood, room, soon, hoot, took, cool, tooth, broom, gloom, igloo, goose, proof, shoot, loose, groom, ooze, oothe, scooter, rooster, school, goodbye, poodle, boomerang, kangaroo, snooze, cocoon
Lesson 45	race, ice, cell, city, mice, face, icy, lace, nice, pace, trace, once, slice, twice, cycle, since, price, space, grace, spicy, fleece, peace, juicy, fancy, piece, prince, recite, pencil, notice, excite
Early	
Lesson 46	cries, dries, fries, spies, skies, tries, copies, babies, stories, parties, carries, cities, bodies, duties, ladies, entries, worries, replies, studies, families, enemies, qualities, properties, difficulties, memories, injuries, multiplies, supplies, factories, libraries
Lesson 47	angel, oval, handle, total, novel, noodle, travel, panel, level, camel, tunnel, puddle, signal, kennel, title, cruel, parcel, dimple, towel, label, turtle, buckle, people, enamel, double, shovel, cereal, capital, hospital, possible
Lesson 48	angel, oval, handle, total, novel, noodle, travel, panel, level, camel, tunnel, puddle, signal, kennel, title, cruel, parcel, dimple, towel, label, turtle, buckle, people, enamel, double, shovel, cereal, capital, hospital, possible
Lesson 49	war, was, wipe, went, when, what, wash, whip, which, witch, white, where, world, wall, worm, whale, wheat, wheel, watch, while, whistle, wagon, whisk, waste, whisker, welcome, whether, weather, wardrobe, wheeze
Lesson 50	door, poor, after, even, who, again, bath, past, child, hold, sure, sugar, prove, great, father, pretty, half, hour, grass, climb, because, be- hind, steak, beautiful, clothes, would, should, whole, improve, everybody
Lesson 51	lives, puffs, safes, wives, reefs, cliffs, hives, elves, waves, stoves, leaves, sleeves, olives, wolves, loaves, gloves, giraffes, cafes, scarves, shelves, knives, halves, sheaves, thieves, nerves, calves, grooves, selves, flagstaffs, detectives
Lesson 52	you, fruit, shoe, blue, flew, soup, true, rude, grew, clue, crew, suit, group, truth, threw, blew, chew, screw, prune, ruby, bruise, bluish, cruise, would, could, should, through, canoe, cashew, gruesome
Lesson 53	awful, useless, helpful, careless, spoonful, plateful, restless, handful, joyful, playful, mouthful, graceful, thankful, forgetful, grateful, powerful, spiteful, cheerful, truthful, harmless, beautiful, wonderful, colourless, delightful, faithful, merciful, plentiful, houseful, peaceful, disgraceful

Year 2	
Lesson Number Teacher	Lesson
Early	
Lesson 54	know, gnat, knee, wrap, knit, knob, knew, wreck, write, knot, knife, knock, kneel, knelt, knack, gnome, wrong, wrote, wrist, gnash, written, wreckage, knuckle, wrinkle, wriggle, wrestle, knight, known, gnaw, knead
Middle	
Lesson 55	paler, duller, nicer, fewer, finest, later, loudest, neatest, cuter, newest, whiter, coldest, thickest, fresher, prouder, steeper, fullest, sharper, smallest, clearest, higher, bluer, narrowest, gentler, brightest, straighter, quietest, younger, looser, fiercer
Lesson 56	sale, sail, meet, meat, plane, plain, steel, steal, flee, flea, hole, whole, pray, prey, sight, site, toe, tow, rain, rein, wear, where, hire, higher, hall, haul, rays, raise, morning, mourning
Lesson 57	rubbed, jogging, jogged, wagging, sagged, sipped, stopping, rammed, bobbing, tipped, thinned, planned, stabbed, gripping, grabbed, stopped, trapping, blotted, skinned, flopped, prodding, stunned, scanning, shipped, knitting, throbbed, strapping, shrugged, scrubbing, squatted
Lesson 58	beak, bank, lock, tank, rock, pink, tick, luck, dusk, peck, track, pluck, cheek, check, mask, stick, shack, stock, speak, trunk, soak, cloak, thank, crook, streak, stork, struck, attack, paddock, chipmunk
Lesson 59	badly, slowly, nicely, suddenly, mostly, strongly, shyly, mainly, softly, clearly, quickly, happily, easily, calmly, largely, swiftly, gently, firmly, quietly, fairly, extremely, actually, finally, slightly, normally, completely, differently, surely, absolutely, equally
Lesson 60	age, edge, huge, village, badge, large, judge, hedge, fudge, wedge, bridge, image, orange, charge, strange, change, fringe, smudge, garage, plunge, bulge, cottage, package, passage, cringe, partridge, sausage, dam- age, manage, courage
Lesson 61	armpit, pancake, freeway, starfish, shoelace, anybody, uphill, windmill, raincoat, snowman, backpack, grandchild, hairbrush, driveway, eyebrow, handshake, rainfall, leftovers, teardrop, strawberry, outdoors, marketplace, elsewhere, downstairs, watermelon, background, doughnut, clockwork, earphone, cheeseburger
Lesson 62	I'm, he's, it's, I've, how's, there's, won't, we'll, don't, she'll, it'd, who's, it'll, who'll, hasn't, where's, what's, you'd, can't, didn't, wasn't, they've, you're, mustn't, weren't, haven't, doesn't, o'clock, couldn't, would've
Lesson 63	pigs, bees, foxes, dishes, books, rocks, coats, cages, eyes, lions, tricks, things, plants, spiders, classes, flashes, bunches, kisses, sharks, lambs, fingers, flowers, monkeys, catches, watches, branches, quizzes, oranges, giraffes, cabbages



Year 2	
Lesson Number Teacher	Lesson
Late	
Lesson 64	did, ate, fled, gave, went, stole, shook, awoke, became, began, bound, clung, sprang, knew, forgot, froze, swung, flung, fought, chose, built, brought, taught, struck, shrank, caught, dealt, heard, meant, understood
Lesson 65	face, safe, nine, bone, June, these, close, stone, smile, rule, alone, stole, glide, plate, prune, slide, skate, blade, shade, whole, crape, while, shave, tadpole, gnome, whale, guide, lemonade, microwave, crocodile
Lesson 66	meet, meat, feet, heat, greet, seat, fleet, beat, sheet, neat, treat, sweet, cheat, tweet, pleat,, wheat, bleat, upbeat, street, repeat, compete, delete, defeat, overeat, athlete, lorikeet, retreat, complete, concrete, heartbeat
Lesson 67	sugar, butter, doctor, finger, enter, dinner, spider, gather, number, pepper, dollar, brother, mirror, Easter, cracker, saucer, wander, tractor, together, another, answer, feather, deliver, lawyer, September, October, November, cellar, alligator, caterpillar
Lesson 68	parade, paid, made, wade, maid, laid, fade, grade, blade, raid, aid, trade, shade, spade, upgrade, afraid, decade, invade, arcade, sunshade, cascade, braid, unafraid, grenade, mermaid, lemonade, bridesmaid, persuade, repaid, marmalade
Lesson 69	law, lawful, unlawful, try, trying, tried, watch, watching, watched, watchful, fright, frighten, frightened, happily, happiness, happiest, begin, beginning, beginner, began, garden, gardening, gardener, decide, deciding, decision, friend, friendly, friendliness, unfriendly
Lesson 70	bigger, biggest, fattest, tinier, tiniest, easier, easiest, saddest, heavier, heaviest, happier, happiest, healthier, healthiest, angrier, angriest, flatter, busiest, funnier, funniest, dirtiest, tidier, fittest, dimmer, dirtier, smelliest, thinnest, scariest, fluffier, curliest
Lesson 71	again, always, next, have, were, things, with, there, off, here, around, wanted, school, pretty, who, mother, father, outside, when, every, once, happening, scared, favourite, Christmas, people, swimming, women, February
Lesson 72	llness, payment, sadness, darkness, fitness, sickness, richness, neatness, weakness, softness, laziness, fairness, enjoyment, thickness, blackness, pavement, movement, statement, amazement, treatment, argument, excitement, gentleness, willingness, entertainment, punishment, astonishment, equipment, tiredness, enchantment

Year 3	
Lesson Number Teacher	Lesson
Begin	
Lesson 73	map, name, egg, mine, lid, log, cute, sum, mole, mule, glad, slime, frog, black, lump, flame, sink, apple, fled, stole, spend, white crest, tiger, smash, quake, hind, plume, extreme, behave
Lesson 74	shred, three, shrub, throw, shrug, threw, shrill, throb, throne, thrill, shrine, thrive, shrink, thrash, throng, shrunk, thrust, shrimp, thrush, thresh, throat, through, shriek, thread, shrewd, throttle, shroud, shrivel, shrapnel, enthrone
Lesson 75	market, secret, pocket, jacket, basket, planet, blanket, visit, rabbit, carrot, target, cricket, wallet, bullet, trumpet, helmet, submit, bandit, profit, poet, quiet, diet, budget, cabinet, permit, deposit, inherit, summit, maggot
Lesson 76	oil, boy, boil, toy, coin, joy, soil, toil, point, joint, avoid, enjoy, noise, voice, annoy, royal, foyer, loyal, spoil, convoy, anoint, employ, choice, appoint, destroy, poise, oyster, voyage, poison, corduroy
Lesson 77	itch, patch, catch, ditch, fetch, bench, munch, match, witch, pinch, clutch, snatch, stitch, twitch, sketch, ranch, branch, switch,, scratch, watch, wretch, kitchen, blotchy, butcher, satchel, quench, launch, scrunch, stretch, hatchet
Lesson 78	fair, deer, hair, peer, veer, pair, jeer, hairy, airy, chair, repair, steer, dairy, sneer, cheer, fairy, stair, lair, flair, sheer, pioneer, mountaineer, staircase, eerie, engineer, volunteer, despair, career, fairly, mohair
Lesson 79	bats, foxes, socks, pianos, birds, buses, dishes, tomatoes, mixes, buzzes, towers, bushes, skills,, mouths, punches, packets, wishes, silks, echoes, marches, peaches, crosses, sopranos, tattoos, churches, stretchers, coaches, houses, superheros, slippers
Lesson 80	lamb, limb, walk, bomb, calf, talk, hour, numb, comb, palm, crumb, should, could, climb, thumb, yolk, tomb, chalk, honest, half, would, exhaust, folk, heir, plumber, salmon, debt, doubt, honour, shepherd
Lesson 81	mixing, eating, panting, asking, trying, lending, sleeping, washing, dreaming, painting, carrying, selling, falling, roaring, pouring, moving, hoping, baking, wiping, ruling, teasing, scaring, blaming, smiling, snoring, crossing, spraying, praising, freezing, whining





Year 3		
Lesson Number Teacher	Lesson	
Early	•	
Lesson 82	high, sigh, nigh, fight, night, right, sight, might, light, alight, thigh, mighty, flight, slight, bright, delight, alright, fright, knight, height, eyesight, firelight, insight, frighten, midnight, copyright, plight, fortnight, righteous	
Lesson 83	reins, prey, vein, veil, eight, grey, they, obey, weigh, neigh, weighed, beige, eighth, sleigh, obeyed, obeying, weighing, eighty, eighteen eighteenth, convey, survey, neighing, freighter, neighbour, feint, neighbourly, freight, lightweight, weightlifter	
Lesson 84	convey, survey, neighing, freighter, neighbour, feint, neighbourly, freight, lightweight, weightlifter, marvel, parcel, example, floral, trouble, couple, channel, tribal, struggle, vehicle	
Lesson 85	little, table, uncle, angel, apple, royal, candle, bottle, camel, final, purple, temple, gentle, normal, cattle, bundle, travel, local, people, equal, marvel, parcel, example, floral, trouble, couple, channel, tribal, struggle, vehicle	
Lesson 86	asked, cooked, mixed, yelled, dusted, cared, liked, tamed, hoped, loved, washed, kicked, roared, smiled, stared, pleased, spilled, warmed, roasted, poured, enjoyed, praised, visited, wheeled, ordered, admired, appeared, breathed, frightened, remembered	
Lesson 87	mane, main, meat, meet, plane, plain, for, four, by, buy, not, knot, seen, scene, great, grate, groan, grown, who's, whose, herd, heard, berry, bury, heel, heal, he'll, rain, rein, reign	
Lesson 88	knee, knit, knot, know, sign, knight, reign, sword, write, knock, knife, knead, knack, gnat, wren, design, gnome, gnash, wreck, wrong, knuckle, knapsack, gnarl, wrestle, knowledge, written, foreign, wrought, wreckage, playwright	
Lesson 89	teacher, worker, seller, singer, swimmer, runner, driver, baker, collector, jogger, painter, gardener, climber, printer, editor, wrapper, director, conductor, supporter, builder, commander, manager, educator, attacker, knitter, decorator, elevator, exhibitor, navigator, foreigner	
Middle		
Lesson 90	why, what, when, phone, ghost, white, which, while, graph, photo, whip, whale, where, phase, gherkin, wheat, whisper, wheel, whimper, whirl, whinge, whelp, pharaoh, physical, wharf, whether, wheeze, photograph, ghoul, ghastly	
Lesson 91	tried, flies, cried, spies, fried, dries, copies, tidied, studied, carries, fancies, worried, bullies, married, denies, hurried, buries, partied, relied, empties, supplies, replied, queries, applies, qualifies, purified, remedied, occupies, satisfied, identified	

Year 3	
Lesson Number Teacher	Lesson
Middle	
Lesson 92	batted, fanned, tapped, ripped, hopped, petted, jutted, rotted, sobbed, hummed, slipped, shopped, chipped, drummed, snapped, wrapped, grinned, dragged, spotted, slammed, stripped, admitted, scrapped, permitted, equipped, shredded, transmitted, programmed, embedded, acquitted
Lesson 93	batted, fanned, tapped, ripped, hopped, petted, jutted, rotted, sobbed, hummed, slipped, shopped, chipped, drummed, snapped, wrapped, grinned, dragged, spotted, slammed, stripped, admitted, scrapped, permitted, equipped, shredded, transmitted, programmed, embedded, acquitted
Lesson 94	gym, city, circus, giant, pencil, rice, magic, stage, huge, danger, orange, dance, village, engine, giraffe, grace, cycle, circle, angel, since, sentence, lettuce, intelligence, embrace, image, general, citizen, garbage, emergency, cylinder
Lesson 95	broke, blew, told, slept, shook, began, became, chose, wrote, found, froze, knew, heard, awoke, burnt, slung, meant, struck, learnt, mistook, shone, knelt, dealt, built, spread, forgave, understood, withdrew, forbade, broadcast
Lesson 96	bakery, cookery, diary, bravery, factory, greenery, salary, misery, grocery, victory, battery, burglary, memory, mystery, delivery, library, nursery, summary, crockery, glossary, ordinary, discovery, territory, upholstery, vocabulary, imaginary, category, dictionary, laboratory, necessary
Lesson 97	painful, endless, helpful, restless, useful, homeless, thankful, careless, hopeful, harmless, beautiful, thoughtful, blameless, forgetful, truthful, fearless, powerful, awful, tasteless, skilful, goalless, worthless, sorrowful, delightful, weightless, wonderful, successful, doubtful, respectful, pointless
Lesson 98	listen, fasten, castle, often, build, guide, rustle, soften, nestle, guard, biscuit, bristle, thistle, glisten, Christmas, guess, moisten, guest, autumn, guitar, whistle, wrestle, hustle, column, trestle, disguise, guilty, circuit, hymn, guild
Lesson 99	teaspoon, seafood, sunrise, toothbrush, baseball, rainbow, footprint, moonlight, eyesight, homework, shoelace, earring, grandmother, fireworks, waterfall, butterfly, sunflower, airport, keyhole, afternoon, everyone, somewhere, newspaper, grasshopper, thunderstorm, skateboard, lifeguard, wheelbarrow, supermarket, honeycomb



Year 3	
Lesson Number Teacher	Lesson
Late	
Lesson 100	squad, squat, squid, squint, school, sphere, square, squish, squeal, squash, squirt, squiggle, sphinx, scheme, squirrel, squeeze, squelch, squeaky, squirm, squall, squawk, scholar, squabble, squadron, squeamish, squatter, squelchy, spherical, atmosphere, hemisphere
Lesson 101	windy, sleepy, cloudy, rainy, tricky, dusty, creamy, fatty, muddy, easy, funny, watery, stormy, thirsty, floppy, shiny, smoky, greasy, snappy, scary, healthy, sparkly, breezy, noisy, squeaky, drowsy, woolly, spongy, spicy, prickly
Lesson 102	I'm, I'll, I've, she's, they'll, what's, it's, we'll, we've, that's, isn't, can't, hasn't, won't, didn't, don't, who's, we're, they're, o'clock, aren't, must've, doesn't, couldn't, wouldn't, shouldn't, would've, could've, should've, might've
Lesson 103	leaves, roofs, men, mice, sheep, lives, cliffs, wolves, children, music, loaves, chiefs, geese, people, bread, calves, chefs, women, trousers, scarves, knives, shelves, beliefs, oases, cacti, thieves, ellipses, equipment, furniture, spectacles
Lesson 104	sadly, slowly, quickly, suddenly, closely, strongly, surely, happily, hopefully, exactly, carefully, extremely, easily, luckily, heavily, angrily, busily, properly, perfectly, nervously, noisily, steadily, certainly, wearily, regularly, fortunately, anxiously, definitely, immediately, successfully
Lesson 105	ear, near, bear, fear, wear, hear, pear, year, dear, gear, shear, earn, clear, earth, learn, swear, smear, spear, yearly, heart, beard, earring, pearl, dreary, heard, weary, nearby, appear, hearth, search
Lesson 106	before, where, every, once, does, didn't, friends, let's, its, it's, quiet, clothes, minute, forward, group, difficult, people, often, another, together, because, really, poetry, beautiful, different, interesting, February, island, opposite, surprise
Lesson 107	before, where, every, once, does, didn't, friends, let's, it's, quiet, clothes, minute, forward, group, difficult, people, often, another, together, because, really, poetry, beautiful, different, interesting, February, island, opposite, surprise
Lesson 108	darkness, goodness, kindness, stillness, sickness, brightness, sweetness, softness, slowness, greatness, happiness, emptiness, forgiveness, readiness, wickedness, foolishness, carelessness, eagerness, nastiness, sharpnesss, seriousness, usefulness, selfishness, awkwardness, loneliness, cleanliness, friendliness, restlessness, forgetfulness, consciousness

Year 4	
Lesson Number Teacher	Lesson
Begin	
Lesson 109	spade, throne, bold, most, spine, flute, only, strike, ninth, wild, estate, explode, taste, awhile, broken, radio, alone, evening, surprise, divide, ozone, unite, imitate, devoted, idle, suppose, satellite, phrase, produce, barricade
Lesson 110	dew, blew, true, skew, clue, suit, stew, chew, fruit, threw, jewel, rescue, nephew, venue, argue, continue, juice, value, cashew, avenue, issue, mildew, sluice, retinue, queue, pursue, residue, pewter, sinew, jewellery
Lesson 111	steer, near, lair, smear, early, beard, earth, pearl, search, clear, eerie, weary, yearn, fairly, earnings, research, dreary, despair, pioneer, prairie, rehearse, earnest, puppeteer, veneer, millionaire, engineer, buccaneer, volunteer, auctioneer, questionnaire
Lesson 112	running, planning, digging, swimming, hopping, stunning, chatting, trapping, dripping, grinning, scrubbing, shrugging, throbbing, humming, wrapping, whizzing, chopping, propping, thudding, whipping, forgetting, forbidding, committing, regretting, submitting, worshipping, formatting, permitting, transmitting, equipping
Lesson 113	places, nurses, glasses, speeches, trumpets, ladders, leashes, winners, leaders, losses, minutes, visitors, authors, balloons, kangaroos, branches, radishes, quizzes, answers, radios, spectators, referees, volcanoes, sandwiches, sombreros, blemishes, topazes, witnesses, passengers, gelatos
Lesson 114	price, germ, digit, agent, dance, parcel, large, legend, decide, danger, except, cyclone, accept, success, prince, choice, princess, saucer, energy, century, accident, genius, allergic, surgery, gigantic, message, celebrate, rejoice, emergency, announce
Lesson 115	battle, eagle, metal, model, marble, noble, total, simple, handle, beetle, sprinkle, crystal, squirrel, satchel, wrinkle, shuffle, mammal, crackle, syllable, moral, article, morsel, enamel, vertical, rural, grumble, constable, resemble, mineral, scoundrel
Lesson 116	stage, judge, ridge, lodge, badge, large, dodge, nudge, fudge, ledge, bridge, pledge, fridge, sludge, strange, grudge, sledge, smudge, trudge, budget, porridge, arrange, gadget, fidget, badger, cartridge, lodger, knowledge, language, average
Lesson 117	mapped, begged, sipped, spotted, tugged, gripped, pinned, skipped, stabbed, tanned, flipped, quizzed, swapped, thinned, cropped, skinned, shipped, trotted, stemmed, knotted, strapped, shunned, quipped, throbbed, allotted, overlapped, equipped, boycotted, clogged, omitted





Year 4	
Lesson Number Teacher	Lesson
Early	
Lesson 118	unhappy, unclear, dislike, misfit, uneasy, unwilling, mislaid, dislodge, disown, unstable, unlawful, discount, disorder, mismatch, misunderstood, unchanged, disregard, disinfect, disloyal, dismount, unpopular, disjointed, disadvantage, misadventure, disqualify, uncommon, discontented, unsatisfactory, discomfort, misfortune
Lesson 119	entries, chimneys, relays, diaries, supplies, trolleys, donkeys, displays, replies, worries, industries, memories, activities, groceries, centuries, kidneys, holidays, factories, charities, remedies, categories, abbeys, properties, pulleys, ceremonies, mysteries, qualities, strategies, societies, convoy
Lesson 120	notice, office, advise, justice, advice, police, promise, device, practice, surprise, realise, precise, hospice, novice, exercise, prejudice, solstice, supervise, organise, advertise, sacrifice, criticise, edifice, lattice, accomplice, precipice, visualise, emphasise, apprentice, cowardice
Lesson 121	faster, smaller, broadest, proudest, calmer, bravest, shorter, youngest, warmest, stronger, earlier, cleverer, ugliest, angriest, lazier, silliest, fancier, quieter, happiest, noisier, clumsier, liveliest, scrawniest, stickier, straightest, looser, greasiest, drearier, glossiest, lonelier
Lesson 122	chief, field, piece, priest, shield, ceiling, veil, their, brief, friend, fierce, patient, mischief, receive, deceit, grieve, shriek, heir, either, believe, protein, sieve, yield, siege, seize, leisure, weird, feisty, achieve, ancient
Lesson 123	briskly, rarely, firmly, gently, truly, firstly, secondly, sharply, finally, honestly, rapidly, publicly, slightly, normally, similarly, personally, roughly, instantly, terribly, promptly, actually, obviously, eventually, generally, apparently, necessarily, gradually, desperately, vaguely, conveniently
Lesson 124	ball, bawl, foul, fowl, yoke, yolk, tide, tied, maze, maize, throne, thrown, lessen, lesson, seen, scene, fort, fought, threw, through, crews, cruise, weather, whether, effect, affect, guest, guessed, accept, except
Lesson 125	present, distant, servant, parent, silent, infant, talent, recent, absent, student, vacant, important, merchant, continent, frequent, pleasant, elephant, dependent, confident, contestant, different, arrogant, innocent, fragrant, hesitant, permanent, president, assistant, brilliant, ignorant
Lesson 126	necklace, sometimes, playground, bookstore, lifeboat, seashore, underground, horseback, handcuff, backstage, staircase, fingerprint, password, dishwasher, sunbathe, forehead, suitase, scapegoat, dragonfly, meanwhile, toothpaste, keyboard, flashlight, hairdresser, saucepan, weatherman, earthworm, peppermint, firefighter, granddaughter

Year 4	
Lesson Number Teacher	Lesson
Middle	
Lesson 127	said, wept, paid, flew, flown, hurt, stuck, swung, beaten, drove, strode, written, slunk, swore, driven, forgiven, sprang, ridden, strung, brought, beheld, foresaw, overheard, underwent, foretold, interwoven, taught, inlaid, outgrown, withdrew
Lesson 128	colour, nature, harbour, injure, rumour, labour, picture, mixture, favour, capture, odour, fracture, scripture, humour, adventure, treasure, glamour, honour, puncture, structure, saviour, procedure, behaviour, manufacture, signature, literature, pressure, curvature, enclosure, architecture
Lesson 129	which, whim, phrase, whiff, sphere, whisk, whack, whine, ghostly, pamphlet, whilst, spaghetti, whinge, pharmacy, whinny, orphan, whereas, hyphen, alphabet, graphic, overwhelm, apostrophe, atmosphere, prophet, aghast, phlegm, sapphire, biography, worthwhile, phoenix
Lesson 130	gym, hymn, myth, lyric, Egypt, syrup, system, crystal, bicycle, syllable, gymnastics, cygnet, mystery, pyramid, oxygen, typical, physical, symbol, symptom, rhythm, crypt, cryptic, mythical, cymbal, antonym, hypocrite, symphony, symbolic, calypso, hypnotise
Lesson 131	bleach, coach, chunk, chapter, chef, chime, echo, chore, choose, chance, chuckle, enchant, chord, chute, chemist, chorus, cheetah, chubby, Christmas, archery, choir, chasm, chivalry, chocolate, anchor, character, parachute, chronicle, chaos, chandelier
Lesson 132	cousin, dolphin, raisin, engine, famine, mountain, captain, basin, goblin, cabin, violin, vitamin, certain, pumpkin, curtain, napkin, margin, bargain, imagine, villain, origin, examine, medicine, genuine, javelin, chieftain, penguin, feminine, porcelain, discipline
Lesson 133	nervous, famous, jealous, fabulous, dangerous, serious, previous, curious, obvious, furious, precious, various, cautious, generous, tremendous, mysterious, glamorous, adventurous, humorous, delicious, hideous, prosperous, ridiculous, disastrous, gorgeous, spacious, luxurious, anxious, precarious, treacherous
Lesson 134	inactive, invisible, impure, immobile, incomplete, impolite, insecure, irregular, incorrect, imperfect, inaccurate, incurable, impossible, infertile, impatient, illegal, immature, immortal, illogical, impersonal
Lesson 135	action, discussion, direction, creation, connection, protection, location, prediction, election, collection, inspection, alteration, selection, temptation, translation, confession, prevention, limitation, confusion, education, congratulation, determination, information, imagination, expression, possession, exaggeration, communication, illustration, abbreviation





	Year 4
Lesson Number Teacher	Lesson
Late	
Lesson 136	decode, redo, rearrange, prepack, redirect, replay, regroup, prepay, prewash, reboot, readjust, premature, debrief, debone, rephrase, prehistory, delouse, reroute, reappoint, defuse, regain, preshrink, demystify, reupholster, repopulate, preknowledge, reissue, demotivate, rebroadcast, reassemble
Lesson 137	agreement, hardship, wisdom, kingdom, friendship, freedom, treatment, childhood, statement, enjoyment, leadership, movement, retirement, adulthood, argument, boredom, excitement, membership, brotherhood, relationship, improvement, kinship, livelihood, arrangement, announcement, development, entertainment, championship, equipment, government
Lesson 138	celery, cutlery, ivory, February, primary, history, machinery, fishery, robbery, pottery, slavery, voluntary, secondary, boundary, artery, glossary, surgery, directory, scenery, salary, finery, treachery, embroidery, observatory, customary, anniversary, satisfactory, temporary, extraordinary, confectionary
Lesson 139	suitable, bearable, visible, edible, flexible, enjoyable, affordable, favourable, terrible, comfortable, predictable, reasonable, sensible, adjustable, valuable, acceptable, fashionable, reliable, respectable, advisable, manageable, divisible, imaginable, accessible, avoidable, believable, reversible, questionable, noticeable, admirable
Lesson 140	scribe, script, scribble, describe, decade, scale, audience, terrace, manual, December, prescribe, terrain, territory, manager, decimal, audition, manicure, annually, manually, prescription, escalate, anniversary, decibel, manipulate, terrestrial, territorial, manufacture, manicurist, terrarium, subterranean
Lesson 141	who, whose, across, busy, answer, once, usual, guilty, forty, writing, already, interest, therefore, question, doesn't, haven't, material, mention, breathe, position, perhaps, possible, especially, favourite, suppose, neighbour, pollution, probably, address, purpose
Lesson 142	happily, gently, simply, easily, angrily, publicly, humbly, heavily, visibly, luckily, sensibly, possibly, basically, comfortably, nobly, steadily, wearily, historically, reasonably, remarkably, specifically, frantically, responsibly, automatically, dramatically, systematically, enthusiastically, primarily, necessarily, ordinarily
Lesson 143	happily, gently, simply, easily, angrily, publicly, humbly, heavily, visibly, luckily, sensibly, possibly, basically, comfortably, nobly, steadily, wearily, historically, reasonably, remarkably, specifically, frantically, responsibly, automatically, dramatically, systematically, enthusiastically, primarily, necessarily, ordinarily

Year 4	
Lesson Number Teacher	Lesson
Late	
Lesson 144	zoo, logo, octopus, microscope, microphone, telephone, microchip, telescope, octave, October, geology, octagon, catalogue, periscope, television, dialogue, phonetic, epilogue, homophone, monologue, democrat, geographic, democracy, octahedron, zoologist, symphony, xylophone, saxophone, epidemic, chronological

Year 5	
Lesson Number Teacher	Lesson
Begin	
Lesson 145	deaf, head, said, idea, meant, four, bread, mould, thread, great, famous, wealth, cousin, nourish, really, break, favour, dread, already, heavy, deadly, dreamt, heaven, meadow, couple, aisle, haiku, humour, trouble, boulder
Lesson 146	horse, worse, purse, verse, force, scarce, fierce, reverse, sparse, adverse, course, diverse, source, converse, immerse, averse, terse, divorce, resource, pierce, coarse, rehearse, traverse, reimburse, intersperse, coerce, disperse, commerce, enforce, reinforce
Lesson 147	tenant, rodent, instant, urgent, pendant, tyrant, fluent, entrant, violent, evident, assistant, serpent, elegant, applicant, ancient, significant, magnificent, radiant, apparent, opponent, warrant, turbulent, inhabitant, instrument, participant, equivalent, persistent, extravagant, nutrient, adamant
Lesson 148	tenant, rodent, instant, urgent, pendant, tyrant, fluent, entrant, violent, evident, assistant, serpent, elegant, applicant, ancient, significant, magnificent, radiant, apparent, opponent, warrant, turbulent, inhabitant, instrument, participant, equivalent, persistent, extravagant, nutrient, adamant
Lesson 149	verify, amplify, satisfy, glorify, gratify, justify, qualify, notify, signify, modify, classify, horrify, simplify, mystify, terrify, magnify, identify, beautify, certify, liquefy, specify, pacify, unify, crucify, rectify, intensify, dignify, personify, electrify, diversify
Lesson 150	peace, piece, guest, guessed, past, passed, you, ewe, horde, hoard, sweet, suite, wary, weary, cue, queue, bridle, bridal, patients, patience, morning, mourning, principle, principal, weather, whether, complement, complement, stationary, stationery
Lesson 151	vapour, culture, armour, flavour, pasture, clamour, texture, future, lecture, figure, valour, nurture, rigour, furniture, sculpture, leisure, tumour, moisture, creature, torture, departure, signature, fervour, neighbour, composure, rupture, exposure, temperature, agriculture, miniature





Year 5		
Lesson Number	Lesson	
Teacher	2333011	
Begin	music, poetic, magic, topic, plastic, basic,	
Lesson 152	artistic, public, trainic, magnetic, heroic, romantic, dramatic, angelic, specific, symbolic, historic, fantastic, academic, horrific, realistic, mechanic, strategic, optimistic, automatic, enthusiastic, scientific, sympathetic, democratic, photographic	
Lesson 153	debt, doubt, lamb, sandwich, autumn, solemn, column, soften, answer, whose, subtle, succumb, muscle, fascinate, crescent, Wednesday, rhyme, thistle, whistle, moisten, abscess, assignment, campaign, foreign, government, psychology, pneumonia, receipt, raspberry, mortgage	
Early		
Lesson 154	electricity, reality, curiosity, publicity, ability, equality, clarity, intensity, normality, hostility, minority, security, identity, majority, mobility, continuity, brutality, prosperity, personality, maturity, possibility, opportunity, community, simplicity, necessity, productivity, uniformity, sensitivity, flexibility, responsibility	
Lesson 155	deadline, daybreak, teammate, highway, goodbye, warehouse, background, eyesight, textbook, watermelon, cartwheel, newsstand, schoolwork, spacewalk, headache, butterfingers, timetable, weeknight, tablespoon, skyscraper, wastepaper, superhuman, roundabout, courthouse, earthbound, undercurrent, thunderbolt, bodyguard, candlelight, earthworm	
Lesson 156	literacy, habitat, benefit, inhabit, dome, literate, domestic, alien, domain, literal, aquatic, aquarium, habitable, habitation, inhabitant, aquaplane, feral, benign, aquanaut, literary, aquamarine, uninhabitable, alias, alibi, beneficial, beneficially, benefactor, ferocious, domestically, alliteration	
Lesson 157	active, captive, detective, extensive, creative, intensive, expensive, explosive, selective, objective, impulsive, secretive, attentive, formative, attractive, narrative, productive, massive, offensive, connective, sensitive, digestive, expressive, descriptive, repetitive, comparative, possessive, imaginative, competitive, excessive	
Lesson 158	English, nourish, sheepish, reddish, astonish, furnish, sluggish, cherish, childish, rubbish, varnish, stylish, establish, perish, vanquish, youngish, demolish, replenish, flourish, fiendish, accomplish, anguish, distinguish, squeamish, extinguish, diminish, relinquish, feverish, embellish, amateurish	
Lesson 159	unknown, unravel, mislead, dislocate, uncertain, disappear, unpleasant, dissolve, misplaced, misjudge, unfortunate, unusual, discourage, misconduct, miscalculate, unexpected, distasteful, unemployed, misguided, disapprove, unnatural, disinterested, discriminate, disobedient, unnecessary, unfamiliar, disentangle, unconscious, unacceptable, discontinue	

Year 5	
Lesson Number Teacher	Lesson
Early	
Lesson 160	stitches, lenses, sleeves, styles, stretches, weaknesses, colleges, clashes, witnesses, diseases, approaches, reserves, routes, vegetables, magazines, influences, passages, audiences, obstacles, tissues, businesses, addresses, committees, references, performances, temperatures, certificates, disturbances, catalogues, privileges
Lesson 161	artist, tourist, florist, novelist, dentist, cyclist, cartoonist, finalist, soloist, motorist, pianist, journalist, violinist, machinist, vocalist, guitarist, botanist, zoologist, specialist, ecologist, receptionist, opportunist, conservationist, archaeologist, psychologist, terrorist, environmentalist, perfectionist, nationalist, traditionalist
Lesson 162	madam, level, smog, newscast, motel, sagas, refer, racecar, taxicab, brunch, redder, squiggle, chortle, rotor, kayak, radar, ginormous, fortnight, cheeseburger, paratrooper, rotator, guesstimate, deified, emoticon, cyberspace, reviver, rotavator, simulcast, nanosecond, knowledgebase
Middle	
Lesson 163	numerous, glorious, meticulous, tedious, ominous, devious, monstrous, victorious, envious, outrageous, religious, marvellous, hazardous, hilarious, vicious, ambitious, indigenous, gracious, courteous, ferocious, suspicious, conscious, surreptitious, harmonious, conscientious, mischievous, righteous, superstitious, advantageous, miscellaneous
Lesson 164	rallies, decoys, allies, motorways, essays, volleys, energies, countries, abilities, quantities, companies, difficulties, policies, discoveries, deputies, penalties, salaries, journeys, assemblies, identities, opportunities, responsibilities, communities, universities, laboratories, casualties, similarities, attorneys, possibilities, personalities
Lesson 165	iffer, offer, refer, prefer, transfer, infer, confer, defer, suffer, offering, differed, different, difference, referee, preferred, transferred, inferring, conferring, deferred, suffered, referred, reference, preference, referral, transference, inference, inferential, conference, deference, preferential
Lesson 166	heritage, vintage, bridge, damage, bondage, hostage, storage, manage, package, leakage, drainage, coverage, porridge, savage, voyage, postage, wastage, stoppage, marriage, dosage, luggage, garbage, plumage, orphanage, cartilage, advantage, beverage, pilgrimage, rummage, sewerage





Year 5		
Lesson Number Teacher	Lesson	
Middle		
Lesson 167	stardom, motherhood, settlement, chiefdom, workmanship, wisdom, kingdom, assessment, priesthood, replacement, attachment, engagement, achievement, management, assignment, likelihood, abandonment, knighthood, measurement, citizenship	
Lesson 168	brigade, volume, athlete, conclude, stampede, accuse, costume, operate, cascade, control, hurricane, recognise, calculate, indicate, crocodile, commute, appetite, casserole, paradise, absolute, pronounce, balustrade, cellophane, palindrome, electrocute, scrutinise, demonstrate, diagnose, pantomime, insecticide	
Lesson 169	action, protection, election, direction, connection, collection, relation, discussion, television, operation, conclusion, expansion, physician, admission, situation, population, attention, application, celebration, introduction, opposition, competition, concession, contribution, communication, institution, association, organisation, tactician, mathematician	
Lesson 170	aching, attached, detach, chutney, charcoal, choral, chrome, cache, anchovy, chimpanzee, brooch, chemical, cockroach, bachelor, cheque, chariot, echidna, arachnid, chiffon, chameleon, archaic, epoch, choreograph, charisma, chauffeur, cholesterol, chamomile, avalanche, chiropractor, crochet	
Lesson 171	nervous, width, neither, similar, beginning, calendar, twelfth, variety, courage, people, definite, naturally, nuisance, government, yacht, harass, profession, original, recommend, persuade, guarantee, occurred, ceremony, restaurant, parallel, parliament, immediately, temporary, unanimous, pronunciation	
Late		
Lesson 172	igloo, baboon, lagoon, snooze, loosen, wound, should, hooray, through, shampoo, cocoon, groove, troupe, noodle, oozing, coupon, cuckoo, routine, ballooned, boomerang, tattoo, harpoon, mongoose, typhoon, hooligan, schooner, cockatoo, acoustics, souvenir, bassoon	
Lesson 173	awhile, aghast, wharf, whiten, graphic, whistles, everywhere, whereby, whisker, whirlpool, whinge, cartwheel, wheedle, pheasant, ghetto, somewhat, phantom, somewhere, headphones, geography, lymph, decipher, metaphor, homophone, emphasise, cenotaph, periphery, asphalt, hieroglyphics, claustrophobia	

Year 5	
Lesson Number Teacher	Lesson
Late	
Lesson 174	atlas, watt, volt, America, mentor, Tuesday, volcano, January, Saturday, python, martial, cardigan, sandwich, boycott, cannibal, vandal, marmalade, saxophone, diesel, Wednesday, Cartesian, Braille, algorithm, guillotine, mesmerise, silhouette, Fahrenheit, Jacuzzi, pasteurise, Herculean
Lesson 175	atlas, watt, volt, America, mentor, Tuesday, volcano, January, Saturday, python, martial, cardigan, sandwich, boycott, cannibal, vandal, marmalade, saxophone, diesel, Wednesday, Cartesian, Braille, algorithm, guillotine, mesmerise, silhouette, Fahrenheit, Jacuzzi, pasteurise, Herculean
Lesson 176	clearly, simply, largely, quietly, loosely, daily, totally, formerly, ideally, hastily, completely, possibly, basically, enormously, hurriedly, privately, beautifully, thoroughly, primarily, legally, particularly, especially, deliberately, surprisingly, approximately, remarkably, presumably, temporarily, automatically, occasionally
Lesson 177	cheque, plaque, mosque, bouquet, unique, opaque, antique, lacquer, conquer, queue, macaque, oblique, boutique, conqueror, grotesque, mystique, technique, brusque, physique, racquet, critique, marquee, etiquette, masquerade, clique, croquette, statuesque, tourniquet, discotheque, marquetry
Lesson 178	flat, flatter, flattest, flatten, flattened, reside, residing, resided, resident, residential, simple, simply, simplify, simplest, simplification, horror, horrible, horrify, horrifying, horrified, benefit, benefited, benefiting, beneficial, beneficiary, receive, receiving, received, reception, receipt
Lesson 179	café, pasta, ballet, studio, gelato, genre, opera, pizza, mousse, croissant, cliché, sauté, macaroni, soprano, sabotage, brunette, rapport, dossier, scenario, baguette, spaghetti, lasagne, saboteur, entrée, staccato, chauffeur, entrepreneur, restaurateur, extravaganza, reconnaissance
Lesson 180	semifinal, semicircle, extramural, circumvent, antismoking, antidote, semiformal, antifreeze, antihero, semidarkness, semicolon, semiskilled, antisocial, anticlimax, semiprecious, antislavery, antiseptic, semidetached, antibiotic, circumscribe, antibacterial, circumference, semipermanent, extraordinary, semiconscious, antihistamine, circumnavigate, extraterrestrial, extracurricular, semiautomatic





Year 6	
Lesson Number Teacher	Lesson
Early	
Lesson 181	league, fleece, appeal, freezer, seventeenth, coffee, disease, between, beneath, increase, deceased, proceed, absentee, tweezers, nominee, meagre, creature, easel, kneeling, employee, beacon, bequeath, feeble, wheedle, refugee, pedigree, appease, colleague, demeanour, chimpanzee
Lesson 182	bald, bawled, brows, browse, manner, manor, least, leased, sword, soared, hanger, hangar, rained, reigned, sealing, ceiling, marshal, martial, coward, cowered, mussels, muscles, fazed, phased, border, boarder, assistants, assistance, bazaar, bizarre
Lesson 183	stranger, brighter, gentlest, briefest, swifter, harsher, friendliest, toughest, greediest, littlest, heavier, jolliest, tastiest, funnier, smelliest, wittier, skinnier, nastiest, prettier, craziest, scarier, filthiest, busiest, faintest, healthier, scarcer, thirstier, hungrier, fiercest, juiciest
Lesson 184	relevant, observant, insolent, strident, truant, resistant, reluctant, stagnant, pungent, ligament, valiant, indignant, component, diligent, consultant, prominent, despondent, pheasant, consonant, opulent, deodorant, adjacent, exuberant, exorbitant, triumphant, sufficient, translucent, correspondent, succulent, coherent
Lesson 185	services, examples, sandwiches, stopwatches, chocolates, elephants, feathers, thousands, eyelashes, museums, squirrels, guesses, liquids, stomachs, cockroaches, bonuses, tortoises, avocados, governors, saucers, differences, orchestras, stilettos, languages, complexes, syllabuses, carcasses, addresses, carriages, consequences
Lesson 186	creator, villager, explorer, inspector, jeweller, protector, beginner, passenger, newcomer, entertainer, murderer, researcher, wanderer, supplier, governor, professor, examiner, fumigator, designer, challenger, conqueror, astronomer, interpreter, counsellor, interviewer, philosopher, practitioner, commissioner, photographer, choreographer
Lesson 187	blissful, stainless, limitless, spotless, blameless, listless, selfless, shapeless, frightful, speechless, pitiful, resentful, meaningless, spiteful, flawless, senseless, boundless, dreadful, ruthless, watchful, merciful, purposeful, deceitful, uneventful, disrespectful, teaspoonful, effortless, expressionless, motionless, resourceful
Lesson 188	blissful, stainless, limitless, spotless, blameless, listless, selfless, shapeless, frightful, speechless, pitiful, resentful, meaningless, spiteful, flawless, senseless, boundless, dreadful, ruthless, watchful, merciful, purposeful, deceitful, uneventful, disrespectful, teaspoonful, effortless, expressionless, motionless, resourceful

Year 6	
Lesson Number Teacher	Lesson
Early	
Lesson 189	unlikely, unlimited, misread, disregard, misfired, disbelief, disallowed, unwelcome, unleash, disorderly, misshapen, disapproval, unsuitable, unrealistic, displeasure, disagreement, unattractive, misfielded, unavoidable, unreasonable, unsuccessful, disqualification, misdiagnose, unmistakable, unreliable, unofficial, unprecedented, misrepresented, misidentified, miscalculation
Begin	
Lesson 190	afraid, raised, crayon, mermaid, tailor, decay, praise, maintain, mayonnaise, sustain, attain, domain, remained, failure, mayhem, foray, betrayal, wraith, portrayal, curtail, bailiff, appraisal, bayonet, stowaway, disarray, liaise, assailant, ascertain, plaintiff, ailment
Lesson 191	compare, comparing, compared, comparison, comparative, correct, correcting, corrected, correction, incorrectly, shrink, shrinking, shrank, shrunken, shrinkage, value, valued, valuing, valuable, valuation, navigate, navigating, navigator, navigation, circumnavigation, continue, discontinued, continually, continuity, continuation
Lesson 192	southwest, household, northeast, thunderstorm, whitewash, grandchildren, soundproof, scarecrow, firebreak, marketplace, great-grandfather, mother-inlaw, eyewitness, wheelchair, sightseeing, headdress, sandcastle, gentlemen, thanksgiving, guideline, upheaval, afterimage, masterpiece, coldblooded, superimpose, trustworthy, overboard, viewpoint, beachcomber, weatherproof
Lesson 193	southwest, household, northeast, thunderstorm, whitewash, grandchildren, soundproof, scarecrow, firebreak, marketplace, great-grandfather, mother-inlaw, eyewitness, wheelchair, sightseeing, headdress, sandcastle, gentlemen, thanksgiving, guideline, upheaval, afterimage, masterpiece, coldblooded, superimpose, trustworthy, overboard, viewpoint, beachcomber, weatherproof
Lesson 194	tempo, torso, stanza, tirade, cello, parole, elite, dessert, garage, arsenal, debut, broccoli, fiancée, petite, prestige, gondola, morale, battalion, concerto, confetti, façade, souvenir, zucchini, chagrin, gourmet, cuisine, croissant, pirouette, crescendo, picturesque
Lesson 195	cashier, fiend, feint, abseil, neither, heiress, believing, fiery, deceive, eerie, skein, client, receiving, heirloom, heifer, forfeit, weir, anxiety, receipt, beige, frontier, seismic, heinous, eiderdown, surfeit, caffeine, seizure, aggrieved, counterfeit, cuneiform





Year 6	
Lesson Number Teacher	Lesson
Begin	
Lesson 196	available, notable, memorable, remarkable, fashionable, perishable, responsible, adaptable, profitable, audible, charitable, miserable, disposable, forcible, admissible, plausible, applicable, convertible, commendable, understandable, foreseeable, comparable, permissible, contemptible, justifiable, digestible, reproducible, perceptible, intelligible, comprehensible
Lesson 197	alight, blight, slightly, almighty, brighten, midnight, headlight, eighty-eighth, fortnightly, firefighter, sprightly, airfreight, knighted, candlelight, floodlights, mightiest, forthright, frightening, rightfully, copyright, enlighten, insightful, delightfully, nightmarish, straightener, weightlifting, farsighted, featherweight, straightforward, neighbourliness
Lesson 198	luxurious, ravenous, notorious, tenacious, venomous, vivacious, obnoxious, momentous, tremendous, amphibious, zealous, precarious, voracious, ambiguous, impervious, tumultuous, anonymous, conspicuous, contentious, contemptuous, voluminous, precipitous, prestigious, ostentatious, simultaneous, unscrupulous, synonymous, instantaneous, unpretentious, presumptuous
Middle	
Lesson 199	foamy, shown, growth, throat, burrows, thrown, hollow, coast, cockroach, marshmallow, cocoa, broach, loathe, coaxes, marrow, approach, poacher, widower, cloakroom, bellowing, boastful, charcoal, wallows, foreshadow, petticoat, encroach, reproach, loathsome, unknowingly, irreproachable
Lesson 200	cycling, bicycle, cyclone, motorcycle, comedy, melody, parody, iconic, physics, hydrate, academy, physical, botanical, dehydrate, hydrogen, exhilarate, hilarity, hydrant, oxygen, encyclopedia, physiology, cyclonic, rhapsody, dysentery, dysfunctional, physically, dehydration, hydroelectric, hydraulic, carbohydrates
Lesson 201	prefix, reopen, predates, preview, reappear, deactivate, preschool, relocate, reconstruct, rediscover, demobilise, reschedule, reinstate, reinforce, revalued, redesign, reassure, deregulate, reorganise, reprocess, reintroduce, reassess, decelerate, reimburse, precondition, redistribute, depopulate, prerequisite, predetermine, prefabricated
Lesson 202	reliance, insurance, maintenance, guidance, clearance, residence, insistence, attendance, competence, remembrance, adolescence, significance, grievance, consequence, indulgence, prominence, disturbance, resemblance, diligence, disappearance, resilience, turbulence, coherence, impertinence, preference, sustenance, hindrance, insolence, acquaintance, correspondence

Year 6		
Lesson Number Teacher	Lesson	
Middle		
Lesson 203	raccoon, occupied, exciting, accolade, exceeding, accurate, occupation, exception, excavator, accordance, excise, accede, accumulate, vaccine, access, exclusive, accusation, accustom, exclusion, accrue, vaccination, succumb, succinct, acclimatise, exculpate, accentuate, successor, impeccable, acceleration, exclamatory	
Lesson 204	buys, built, beauty, awhile, believe, tomorrow, doctor, caught, hospital, brought, wouldn't, definitely, enough, rhythm, dangerous, average, sincerely, suppose, probably, stationery, tongue, satellite, embarrass, separate, appreciate, fatigue, appropriate, existence, experience, suspicious	
Lesson 205	laziness, toughness, quietness, uneasiness, liveliness, suddenness, wholeness, narrowness, remoteness, strangeness, numbness, idleness, weariness, lawlessness, robustness, drowsiness, ruthlessness, homelessness, vagueness, stubbornness, assertiveness, expressiveness, attractiveness, competitiveness, righteousness, inventiveness, effectiveness, unpleasantness, appropriateness, uniqueness	
Lesson 206	data, strata, series, crises, pliers, media, offspring, fishermen, tweezers, sportsmen, larvae, species, bacteria, barracks, crossroads, runners-up, salespeople, policewomen, teaspoonsful, mothers-in-law, criteria, analyses, diagnoses, vertebrae, personnel, phenomena, culs-de-sac, parentheses, memorabilia, headquarters	
Lesson 207	mansion, edition, foundation, revision, conclusion, attention, invitation, electrician, conversion, supervision, sensation, impression, inclusion, repetition, preparation, seclusion, exhibition, suggestion, collision, comprehension, transfusion, succession, concentration, percussion, identification, paediatrician, recommendation, accommodation, aggression, diagnostician	
Late		
Lesson 208	August, valentine, titanic, lynch, Friday, flora, fauna, bedlam, leotard, jovial, Celsius, galvanise, tawdry, spartan, paisley, derrick, tantalise, meander, marathon, raglan, nemesis, spoonerism, stoicism, stentorian, mausoleum, saturnine, odyssey, malapropism, gargantuan, narcissist	
Lesson 209	double, ahead, ocean, breath, deaden, heading, healthy, aunt, certain, cereal, dreadful, feather, measure, bargain, curtain, certainly, cleanser, villain, captain, fountain, breadth, coupon, gauge, caustic, mauve, Bedouin, pageant, journal, hydraulic, cauliflower	





Year 6		
Lesson Number Teacher	Lesson	
Late		
Lesson 210	surveys, jerseys, seventies, victories, emergencies, castaways, medleys, galaxies, boundaries, balconies, authorities, societies, allergies, corduroys, burglaries, amenities, luxuries, currencies, enquiries, apologies, impurities, secretaries, disabilities, uncertainties, commentaries, symphonies, controversies, nationalities, accessories, technologies	
Lesson 211	heavily, lawfully, blissfully, suddenly, regularly, remarkably, clumsily, cheekily, brutally, frequently, absolutely, annually, typically, boastfully, brilliantly, separately, curiously, casually, unfortunately, ashamedly, traditionally, anxiously, accidentally, academically, artificially, consequently, competently, undoubtedly, aggressively, alternatively	
Lesson 212	authority, hospitality, availability, nationality, liability, capacity, originality, suitability, respectability, technicality, reliability, sustainability, peculiarity, authenticity, irregularity, superiority, profitability, compatibility, individuality, anonymity, vulnerability, feasibility, eccentricity, tranquillity, spontaneity, inevitability, accessibility, municipality, susceptibility, confidentiality	
Lesson 213	literary, January, bribery, cannery, livery, trickery, planetary, legendary, imaginary, sensory, customary, advisory, artillery, centenary, accessory, adversary, compulsory, supervisory, documentary, complimentary, contemporary, parliamentary, subsidiary, beneficiary, sedentary, contradictory, conciliatory, chicanery, auxiliary, supplementary	
Lesson 214	suitably, notably, reliably, remarkably, fashionably, sociably, responsibly, comfortably, probably, reasonably, preferably, miserably, considerably, forcibly, noticeably, arguably, predictably, incredibly, impossibly, presumably, inseparably, unquestionably, unbelievably, undeniably, understandably, immeasurably, imperceptibly, incomprehensibly, uncontrollably, impeccably	
Lesson 215	improper, impersonal, inability, injustice, indistinct, immovable, impossible, incapable, inconsistent, independent, illicit, irrational, immaturity, inadequate, irregularly, impatience, indecisive, irresistible, inconvenient, inconsiderate, irreversible, incompatible, imperceptible, indestructible, inefficient, inoffensive, inappropriate, inconceivable, inconspicuous, indistinguishable	
Lesson 216	agency, decency, fluency, emergency, vacancy, infancy, urgency, frequency, hesitancy, presidency, accountancy, competency, excellency, truancy, dependency, consistency, consultancy, leniency, occupancy, despondency, transparency, buoyancy, deficiency, expediency, proficiency, coherency, efficiency, complacency, absorbency, ascendancy	